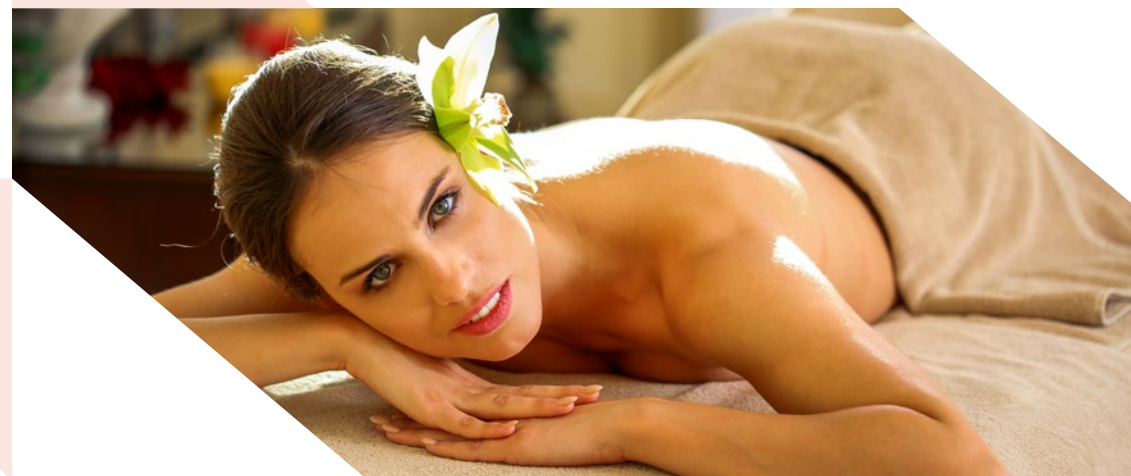




*Massages*  
and Treatments

**Discover the massage and treatment offerings of the Wellness & Spa Center at Hotel Izvor - a true source of health and relaxation, empowered by the beneficial effects of nature.**

Our experienced therapists take a holistic approach, ensuring that each treatment is tailored to the guest's current needs by combining various massage techniques and movements. This personalized method not only provides relaxation but also serves a preventive function, helping to improve blood and lymph circulation, stimulate the nervous system, relax muscles, accelerate metabolism, and reduce pain and tension. The result is harmony on mental, emotional, and physical levels. That's why we are confident you'll leave feeling revitalized and uplifted. All you need to do is choose your massage and relax - let our skilled therapists take care of the rest.



## MASSAGES

**Golden Oil Massage** - Using 23-karat gold oil and gentle, relaxing strokes, this massage boosts the skin's immune system, restores vitality, and reduces tension, giving the skin a radiant, luminous glow. In many Eastern cultures, gold symbolizes youth. Its properties improve blood circulation and slow down collagen depletion and elastin breakdown, making it ideal for combating signs of skin aging.

**50 min - 8.300 rsd**

### **Golden Oil Face Massage**

**25 min - 3.600 rsd**

**Relax Massage** - A gentle, soothing manual massage that harmonizes energy flow and brings complete relaxation. Performed in a calming atmosphere, accompanied by soft, pleasant music.

**50 min - 5.000 rsd**

**25 min - 3.600 rsd**

**Sport Massage** - Designed to eliminate muscle knots and lactic acid using specialized techniques, it increases joint and muscle mobility and removes the negative effects of intense physical activity. Recommended before or after sports activities.

**40 min - 5.500 rsd**

**Therapeutic Massage** - Effectively relieves pain in a short time. Treats pain caused by stress, poor posture (e.g. prolonged computer use), and lack of physical activity. This massage supports healing and maintaining overall health.

**40 min - 5.500 rsd**

**Reflexology** - Also known as zone therapy, it is a type of a pressure massage where by pressing the certain "reflex zones" on the foot we treating certain organs.

**25 min - 4.200 rsd**



**Lymph Drainage** - The fastest, healthiest, and most pleasant way to relieve heavy, swollen legs and reduce cellulite. Improves microcirculation, stimulates metabolism and the lymphatic system, and helps eliminate excess fluids. It complements detox programs and diets by encouraging toxin elimination. Gentle, slow movements are used along with special oils that enhance drainage.

**40 min - 5.500 rsd**

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**Head, Scalp and Neck Massage** - Reduces stress and tension. Scalp massage eases headaches, improves mental clarity, and boosts circulation to the face, head, neck, and shoulders. Ideal for those with stressful jobs, extended screen time, eye strain, chronic fatigue, insomnia, or poor concentration.

**25 min - 3.600 rsd**

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**Foot Massage** - Based on the idea that the feet are a “map” of the entire body, stimulating certain points on the foot benefits corresponding organs and body parts. Therapeutic massage of the foot, ankle, and lower leg removes pain and knots, improves circulation, and has a deeply relaxing effect. Proven to relieve headaches and chronic fatigue caused by energy blockages.

**25 min - 3.600 rsd**

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**Royal Massage** - An unforgettable experience where two therapists work in synchrony to deliver a massage that feels like two sessions in one. Achieves deep relaxation, relieves tension, and restores your mental and spiritual glow.

**40 min - 7.700 rsd**

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**Couple's Massage + Gift** - Spend quality time with your loved one enjoying one of our best offerings — a relaxing chocolate massage, enhanced by calming music in a beautiful setting.

**50 min - 10.500 rsd**

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## WARM BODY MASSAGES

**Spa Magic** - Warm wax massage.

50 min - 6.000 rsd

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**Aromatherapy Candle Massage** - An unforgettable massage experience with warm essential oils from aromatic candles. Relieves stress and leaves the skin silky smooth. As the candle burns, it turns into luxurious aromatic oil, combining scent-based therapy with touch. Choose your favorite fragrance and let the energy flow back into your body.

50 min - 6.000 rsd

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**Hot Stone Massage (Volcanic stones)** - Highly effective for back pain, poor circulation, and muscle tension. Heated volcanic stones are placed on energy points, promoting blood vessel dilation, circulation, metabolism, and detoxification. This treatment reduces stress, purifies the body, balances energy, soothes the nervous system, and revitalizes the body.

50 min - 6.000 rsd

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**Himalayan Salt Stone Massage** - Each salt stone contains iron oxide, magnesium, calcium, potassium, sodium, phosphorus, iodine, and zinc — a mineral-rich complex that nourishes and improves skin texture. This massage stimulates muscle metabolism and supports muscle regeneration. Used both for massage and thermotherapy, the salt stones increase circulation, stimulate the lymphatic system, remove toxins, ease stiffness, balance energy flow, and enhance skin appearance.

50 min - 7.200 rsd

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## SHAPING AND ANTI-CELLULITE TREATMENTS

**Coffee** Anti-cellulite treatment with coffee extract and common juniper **45 min - 4.500 rsd**

**Green tea** Fat melting treatment with green tea and caffeine **45 min - 4.500 rsd**

**Ginkgo biloba** Lymph drainage treatment for removing excess liquid **45 min - 5.000 rsd**



## SPA TREATMENTS

**Body Peeling with Sea Algae and Silk Protein** - Give your skin the care it deserves. This scrub leaves it soft, radiant, and nourished.

**20 min - 2.800 rsd**

**Peloid Pack** - With powerful healing properties, mineral mud detoxifies the body, boosts circulation and metabolism, and supports the musculoskeletal system.

**30 min - 3.200 rsd   3 treatments - 8.100 rsd   5 treatments - 11.500 rsd**

## SPA BODY TREATMENTS

**White Marble Power** ritual body treatment for complete enjoyment and face and body recovery

**70 min - 9.800 rsd**

**Detox** body treatment with sea algae

**50 min - 5.000 rsd**

**Peloid Pack Treatments** with healing mud of local origin

**50 min - 4.400 rsd**

**Anti Stress Treatment** with jasmine and lavender

**50 min - 4.400 rsd**

**Calming and Hydrating Body Treatment** with peach and vanilla

**50 min - 4.400 rsd**

**Tropical Oasis** aromatic anti-age treatment with papaya and pineapple

**60 min - 8.300 rsd**





## SPA FACIAL TREATMENTS

**Collagen Extract Treatment** A preventative anti-aging and skin hydration treatment

60 min - 6.000 rsd

**Hyaluronic Treatment** for deep regeneration and skin nourishment

60 min - 5.800 rsd

**Firm & Lift** lifting treatment with botox effect

60 min - 5.800 rsd

**Ocean Secret** luxurious anti-age treatment with "white caviar" pearls

60 min - 9.900 rsd

**Anti-Stress Treatment** for eye zone

20 min - 2.000 rsd

**Pearl Perfection** treatment with extract of pearls and peptides for skin tonus improvement

60 min - 6.000 rsd

**Profound Tensis** for lifting and matured skin glow

60 min - 6.000 rsd

**Orchid Facial Treatment** A luxurious anti-aging treatment that intensely hydrates and brings out skin radiance

50 min - 5.000 rsd

**Amber Facial Treatment - 15-in-1** Featuring Baltic amber resin, this treatment is suitable for all skin types. It has a regenerative effect and awakens natural beauty and skin health

50 min - 5.200 rsd

**Carboxy Facial Treatment** Designed for mature skin with visible wrinkles - helps rejuvenate and refresh the skin

50 min - 5.000 rsd





HOTEL IZVOR

